



**Seattle Police Present**  
**Verbal Fitness for Patrol Officers &**  
**Communication Excellence Skills for Professional Success**  
**March 30, 2012 from 0800-1700**

**Featuring Guest Speaker Dr Brian Polansky**



Dr. Polansky is devoted to teaching others to succeed through their spoken words. This seminar is designed for patrol officers and support staff that meet the public on a daily basis. This Verbal Fitness seminar will provide skills to deal with difficult people and provide scripts to improve their interactions with citizens. For more information on Dr Polansky visit [www.brianpolansky.com](http://www.brianpolansky.com)

**Schedule of Events:**

0800-0830 Check in and Registration  
0830 Seminar Begins  
1130-1230 Lunch  
1700 Seminar Concludes

**Training Location:**

Seattle Police Athletic Association Pavilion  
11030 E Marginal Way S  
Tukwila, WA 98168

**The cost for the one day training is \$30 for attendees who register in advance. Day of registration is available for \$40.**

For Questions contact Kaitlyn Windus at [kaitlyn.windus@seattle.gov](mailto:kaitlyn.windus@seattle.gov)

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**Registration Card**

Each Individual must have a separate registration form; please make copies if needed

Name \_\_\_\_\_ Agency \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone(\_\_\_\_) \_\_\_\_\_ Email \_\_\_\_\_

**Make Check Payable to:** Seattle Police Department  
**Mail registration form and check to:** Seattle Police Department Attn: Training Unit  
610 5 Ave P.O. Box 34986 Seattle, WA 98124-4986